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ERIC ASHLEIGH

5 THINGS TO KNOW

WELCOME TO METRO PHILLY

SAM NEWHOUSE, REPORTER

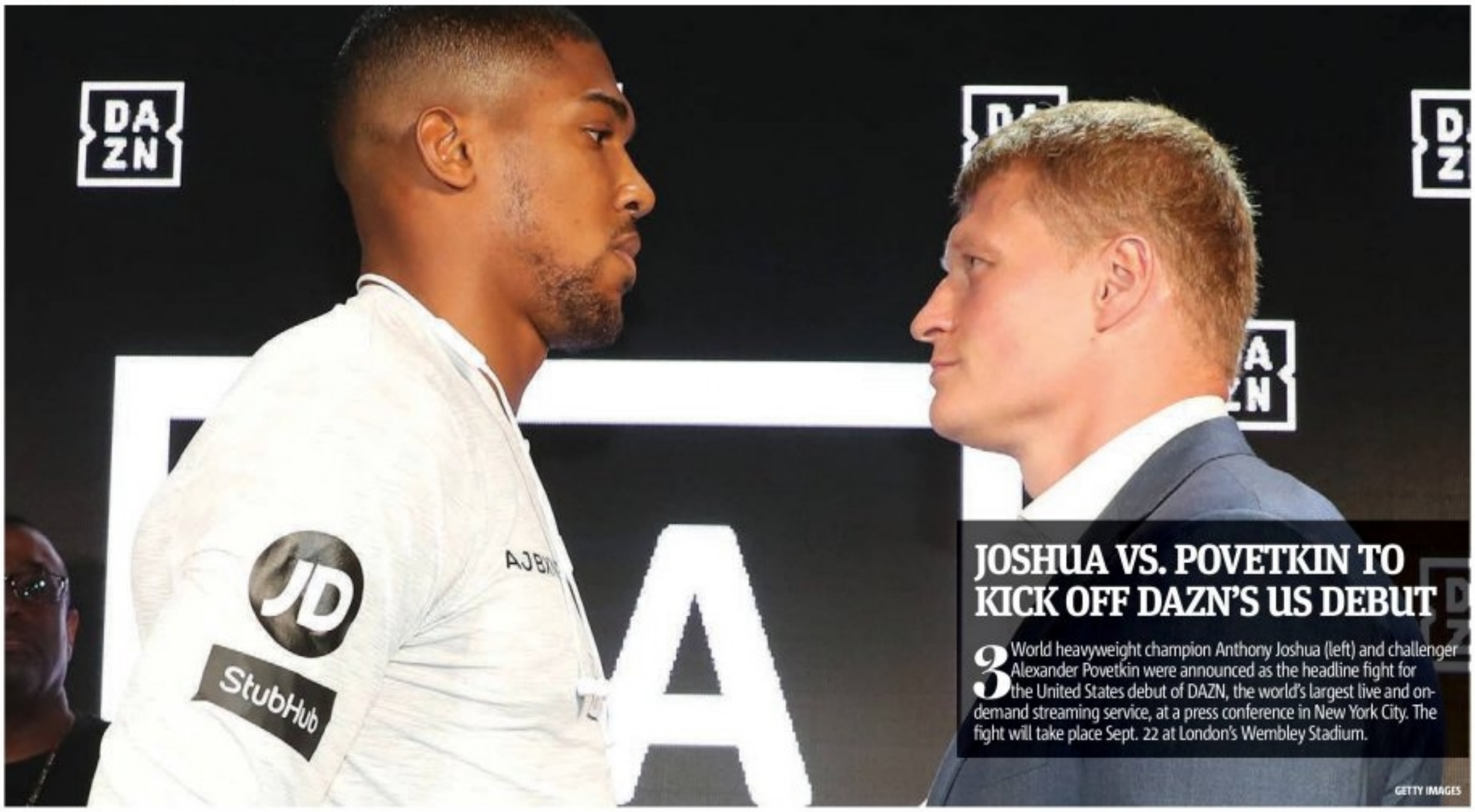
In the past two years, the Philadelphia area has seen its panache grow considerably among travelers, with more than twice as many visitors now visiting Philly as did in 1997. With that number only expected to grow, some nine new hotels are coming to the Center City area, while others are getting renovated and expanded. The growth doesn't just mean new jobs for the city, it could also be your next party spot. Read more inside and at **MetroPhilly.us.**

1 INSYS FOUNDER'S INDICTMENT QUESTIONED

A federal judge on Tuesday expressed concern about the scope of an indictment against several former Insys Therapeutics Inc. executives accused of bribing doctors to prescribe an opioid and suggested prosecutors streamline the case to avoid its dismissal. U.S. District Judge Allison Burroughs in Boston said she believed the indictment did not contain enough allegations to support a racketeering conspiracy charge against billionaire Insys founder John Kapoor and six other former executives and managers. "The indictment has a core of conduct that's problematic and may be criminal," Burroughs said during a hearing. "I don't know, that's what a trial is for. But I'm having difficulty with the way it's laid out." The indictment charges Kapoor, former Insys Chief Executive Michael Babich and others, with conspiring since 2012 to pay bribes to doctors to prescribe the drugmaker's fentanyl-based cancer pain medication Subsys and to defraud insurers. She believed the indictment lacked sufficient allegations to establish a relationship between the Insys executives and the various doctors accused of taking bribes that would legally support the racketeering charge.

2 LAWSUIT: OHIO STATE IGNORED SEXUAL ABUSE

Four former Ohio State University varsity wrestlers sued the school on Monday, claiming its athletic doctor sexually abused them and others over 20 years and the school failed to stop it. The lawsuit filed in U.S. District Court in Columbus, claimed the university ignored abusive behavior by the late Dr. Richard Strauss and said coaches and higher level officials were aware of his abuse. "The rampant sexual abuse and culture of sexual abuse was reported to Ohio State administrators and to the head of the athletic department," the complaint said. "But these officials turned a blind eye to the abuse." Ohio State said it was aware of the lawsuit and was reviewing the allegations. Not mentioned in the lawsuit was U.S. Rep. Jim Jordan, a former wrestling coach at the university, who was accused earlier this month by several former student wrestlers of failing to stop the molestation even after being told about it. Ian Fury, a spokesman for Jordan, disputed the claims, telling Reuters that the Ohio Republican never saw or heard about any abuse, nor was it ever reported to him while he was a coach.



3 JOSHUA VS. POVETKIN TO KICK OFF DAZN'S US DEBUT

World heavyweight champion Anthony Joshua (left) and challenger Alexander Povetkin were announced as the headline fight for the United States debut of DAZN, the world's largest live and on-demand streaming service, at a press conference in New York City. The fight will take place Sept. 22 at London's Wembley Stadium.

GETTY IMAGES

4 WOMAN SURVIVES DRINKING WATER AFTER CRASH

An Oregon woman who disappeared a week ago was rescued from the bottom of a California coastal cliff where she survived by drinking water from a spring using a radiator hose from her wrecked sports utility vehicle, authorities said on Saturday. Angela Hernandez, 23, of Portland was found by a pair of hikers late last week after they saw her wrecked Jeep Patriot SUV partially submerged at the bottom of a 200-foot cliff in the Big Sur area, said Monterey County Sheriff's Office spokesman John Thornburg. Her disappearance captured widespread attention after she and her vehicle were last seen on a surveillance camera video at a Carmel gas station on July 6, about 50 miles north of the stretch of Highway 1 where she was found. The hikers discovered Hernandez conscious, breathing and with a shoulder injury, Thornburg said. Rescuers managed to get her up the cliff and to a helicopter which flew her to a nearby hospital. She was in fair and stable condition but appeared to have suffered a concussion during the collision, the California Highway Patrol said in a statement.

5 COBAIN'S DAUGHTER: END MENTAL HEALTH TABOO

Kurt Cobain's daughter said on Tuesday the United States should overcome its taboo about mental health and addiction almost a quarter of century after her rock star father took his own life. Frances Bean Cobain was speaking in Ireland at the launch of a new exhibition of the Nirvana frontman's belongings. Cobain died in 1994 aged 27 from a self-inflicted gunshot while struggling with heroin addiction. "There is an association that is shameful and it shouldn't be," Frances Bean said, who has also struggled with addiction. "It's taboo ... despite the fact that it is present in our society every single day. And I think that in Europe it is a little less taboo, I think in America it is very, very frowned upon," she told Reuters. Frances Bean, Cobain's sister Kim, and mother, Wendy O'Connor, attended the opening of the exhibition at the Museum of Style Icons in Newbridge, 50 km (30 miles) southwest of Dublin. From his sketches and drawings to clothing and a car, "Growing Up Kurt Cobain" displays dozens of Cobain's personal items, some of them never seen before by the public.

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Trump says he 'misspoke' in Helsinki, has total confidence in US agencies on Russia

Lawmakers are now pushing for tougher sanctions against Russia.

President Donald Trump tried Tuesday to calm a storm over his failure to hold Russian President Vladimir Putin accountable for meddling in the 2016 U.S. election, saying he misspoke in a joint news conference in Helsinki on Monday.

Trump stunned the world by shying away from criticizing the Russian leader for Moscow's actions to undermine the election and cast doubt on U.S. intelligence agencies, prompting calls by some U.S. lawmakers for tougher sanctions and other actions to punish Russia.

"I said the word 'would' instead of 'wouldn't,'" Trump told reporters at the White House, more than 24 hours after his appearance with Putin. "The sentence should have been, 'I don't see any reason why it wouldn't be Russia.'"

"I said the word 'would' instead of 'wouldn't.' The sentence should have been, 'I don't see any reason why it wouldn't be Russia.'"

Donald Trump

Trump, who had been given numerous opportunities to publicly rebuke Putin in Helsinki, praised the Russian leader during the news conference for his "strong and powerful" denial of the conclusions of U.S. intelligence agencies that the Russian state meddled in the election.

Although he faced pressure from critics, allied countries and even his own staff to take a tough line, Trump spoke not a single disparaging word in public about Moscow on any of the issues that have brought relations between the two nuclear powers to the lowest ebb since the Cold War.

Republicans and Democrats accused him of siding with an adversary rather than his own country.

Trump said Tuesday he had complete faith in U.S. intelligence agencies and accepted their conclusions, although he insisted Russia's actions had no impact on the outcome.

The firestorm over his performance at the Helsinki news conference has engulfed the administration and spread to his fellow Republicans, eclipsing most of the frequent controversies that have erupted during Trump's turbulent 18 months in office.

Senate Majority Leader Mitch McConnell told reporters that Russia was not a friend of the United States and warned against a repeat of the 2016 election meddling.

"There are a lot of us who fully understand what happened in 2016, and it really better not happen again in 2018," McConnell said.

REUTERS

Trump has been accused of siding with the enemy rather than the U.S. GETTY IMAGES

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A rendering of the view inside the future Four Seasons Hotel on top of the new Comcast Tower, set to open in early 2019. COURTESY OF FOUR SEASONS

Philadelphia hotels are in a growth spurt

Visits to Philly have doubled in the last two decades, and some nine new hotels will soon be opening to meet the growing demand.

SAM NEWHOUSE
sam.newhouse@metro.us

Philadelphia has been watching the second Comcast skyscraper rise for years. But most people don't know that when the 60-story building is complete, its top floors will be occupied by the newest addition to the ultra-luxury offerings among Philadelphia hotels: a brand-new Four Seasons hotel with the highest views in the city.

Along with restaurants by award-winning chefs Jean-Georges Vongerichten and Greg Vernick, the new Four Season will have a spa on the 57th floor, as well as indoor "infinity pool" that visually will merge into the sky over Philly.

Sound classy? It is, and it shouldn't be a surprise to anyone who has watched Philadelphia's number of hotel visitors rise steadily in recent years, with the five-county region now attracting nearly twice as many visitors as it did two decades ago.

"It just shows how far we've come as a city in attracting developers," said Ed Grose, executive director of the Greater Philadelphia Hotel Association. "A lot of people are bullish on the future of Philadelphia."

To meet the demand, nine recently opened and upcoming hotels are reshaping Center City, including the Four Seasons, while other existing hotels are getting extensive renovations and redesigns. The growth also signals the creation of new jobs for Philadelphia. Philadelphia's hospitality industry is currently made up of some 73,000 jobs, a number that could grow with the addition of new hotels.

"It just shows how far we've come as a city in attracting developers."
Ed Grose

"A hotel job is a good job," Grose said. "Our hotels in Center City are paying on average north of $40,000 a year. That part of it is a positive."

But Grose cautioned that Philadelphia will have to remain desirable as a tourist destination and attract even more guests to keep the new hotels at full occupancy.

"We have to stay on top of our game with marketing the city and making sure we can maintain our hotel performance," he said. "We are optimistic about our future. Our leisure and group demand are on the upswing but corporate demand is flat. Those are some areas we need to work on as a city."

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THE NEWEST PHILADELPHIA HOTELS

Including hotels that recently opened, some 2,000 new hotel rooms will be added to the city in the coming years. Below, check out some of the most notable new hotels coming to Philly.

Lokal Fishtown – The six-room Fishtown outpost of Lokal, which has already built a reputation in Old City and is known for 'invisible service' – everything is automated and you don't have to see any staff, although they are available upon request. It is expected to open at 1421 N. Front Street by fall 2018.

ROOST Apartment Hotel – Bringing 60 rooms of an extended-stay brand hotel to Market East. Expected to open at 1199 Ludlow Street in fall 2018.

Fairfield Inn & Suites Philadelphia Downtown/ Center City – Opened in June inside the former Parker Hotel, with 119 rooms in the Gayborhood at 261 S. 13th Street.

Cambria Hotel Philadelphia Downtown Center City –A 15-story, 223-room hotel that opened in March at 219 S. Broad St.

Four Seasons Hotel Philadelphia – Set to open in early 2019 on top of the new 60-story Comcast Tower and boasting an ultra-luxury experience. The hotel will have 219 rooms, 39 of them suites at 1 N. 19th Street.

Hyatt Place Philadelphia Airport – 150 new rooms near the airport expected to open in late 2019 at 4521 Island Avenue.

Pod Philly – The trendy New York-based micro-hotel pioneer is expected to open in September 2019 with 252 rooms in 11-stories near Rittenhouse Square at 31 S. 19th Street.

W Philadelphia and Element Philadelphia – A 52-story dual-hotel complex at 15th and Chestnut streets with 750 rooms.

MainStay Suites/Ascend Hotel Collection – Set to bring 119 rooms in early 2019 to Chinatown at 917 Arch St.

GROWING DEMAND FOR PHILADELPHIA HOTELS

The numbers tell a compelling story of skyrocketing growth in Philadelphia's hotel industry and a 50 percent increase in visitors to the area

1997:
26.7 million visitors to the five-county region

254,000 leisure room nights spent in Center City hotels

22 hotels

6,701 rooms

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983,000 leisure room nights spent in Center City hotels

50 hotels

11,185 rooms

(Source: CBRE Hotels/ Longwoods International/ Econsult Solutions, Inc.)

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Woman charged with homicide after baby's death blamed on drugs in breast milk

Methadone, amphetamine and methamphetamine were found in the mother's breast milk.

A Pennsylvania woman was charged with criminal homicide for the death of her 11-week-old son after an autopsy showed the baby had died because of drugs in the mother's breast milk, prosecutors said.

Samantha Jones, 30, had been prescribed methadone to help her overcome her addiction to painkillers, and took it during pregnancy and after giving birth, according to a statement from Bucks County District Attorney's Office dated July 13.

12M

Methamphetamine is a stimulant used by more than 12 million people in the United States. Jones is the latest in a series of U.S. mothers charged for the deaths of their infant children after they breastfed them having previously taken meth.

An autopsy found the baby died April 2 from a combination of methadone, amphetamine and methamphetamine transmitted through Jones' breast milk, according to the charging documents.

Jones' attorney Louis Busico said the baby's death was not intentional, according to the district attorney's office statement.

Busico was not immediately available for further comment at his law office in Newtown on Monday.

Jones is the latest in a series of U.S. mothers charged for the deaths of their infant children after they breastfed them having previously taken methamphetamine, a stimulant used by more than 12 million

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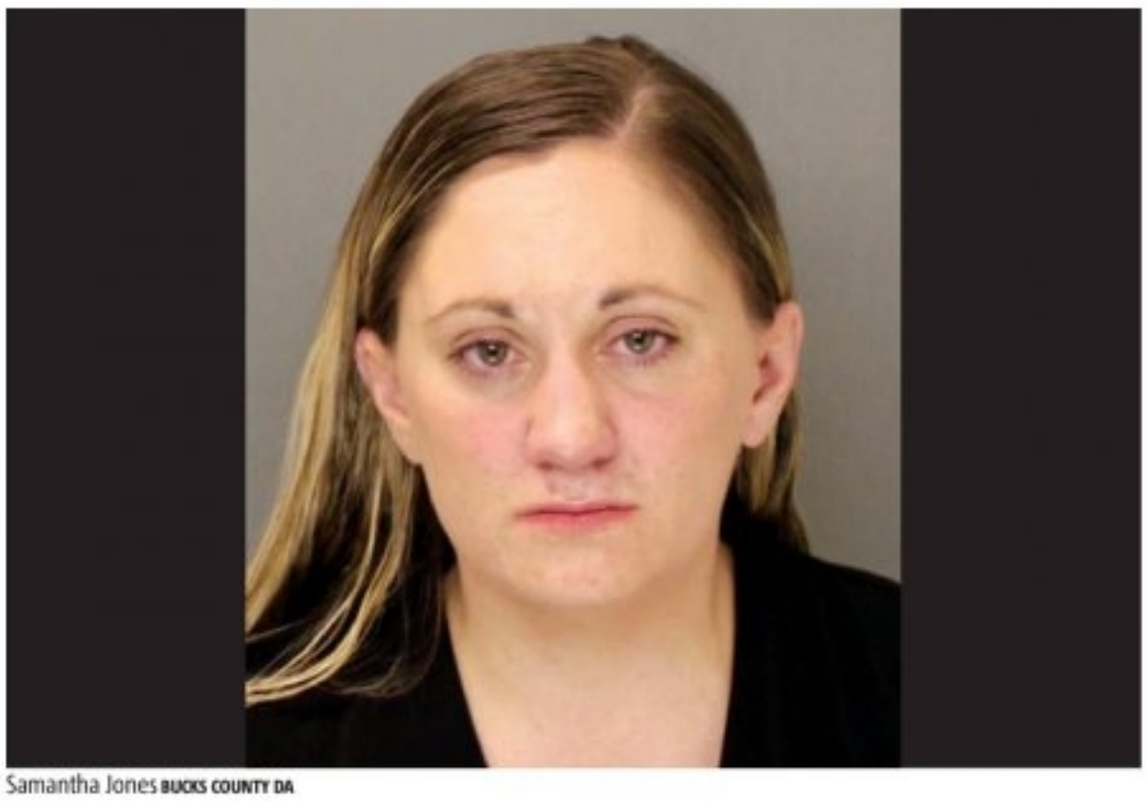

Samantha Jones BUCKS COUNTY DA

people in the United States, according to the government-run National Institute on Drug Abuse.

Use of methamphetamine during pregnancy can lead to increased rates of premature delivery for the child as well as heart and brain abnormalities, among other problems, the institute said on its website.

Jones said she had been primarily breast-feeding the baby, but had switched to formula three days earlier, saying the infant was not getting enough milk from breast feeding, the documents said.

Jones told police that after her husband left for work, she fed the baby the formula, placed him in a bassinet at about 6:30, and fell asleep. She awakened an hour later to find the infant pale, with bloody mucous coming from his nose, the documents said.

Jones began CPR at the instruction of a 911 dispatcher. The child was taken to hospital where he was pronounced dead.

Bail was set at $3 million cash and a preliminary hearing is scheduled for Aug. 29, the district attorney's office said. REUTERS

Netflix shares take hit as subscriber slip hints at 'lumpy' road ahead

The popularity of the recently completed World Cup was seen as a reason for the drop.

ISTOCK

Shares of Netflix Inc. dropped Tuesday as much as 14 percent, their worst day in two years, after reporting a surprise shortfall in new subscribers in a quarter marked by the lack of a blockbuster new show and World Cup soccer.

While Wall Street remains overwhelmingly positive on Netflix and its role in video streaming globally, the second quarter figures did raise question marks over future growth and six brokerages cut their price targets on the company's shares.

"The quarter is a reminder that Netflix's cadence of net adds is not linear, but lumpy in nature," said Justin Patterson, an analyst with Raymond James and Associates in San Francisco, while pointing to the absence of a new hit series as a driver.

"The company had lots of new content during the quarter; what it did not have was a major new breakout series."

Riding on the success of its original shows such as "13 Reasons Why," "House of Cards" and "Orange is the New Black," Netflix had beaten subscriber growth expectations in seven out

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of last 10 quarters.

The stock price doubled in the last year, raising its value to within sight of $200 billion as of Monday's close.

What is not clear is where the hurdles to that unbroken run of growth will come from, be it stronger competition from Amazon Prime or the changes in control of major film and TV franchises heralded by Walt Disney Co. and Comcast Corp's bid for Twenty-First Century Fox Inc.

Analysts at MoffettNathanson said that Netflix's domination of its sector looked less durable than the other high-flying FAANG group of new media and internet companies.

"The moat around Netflix's business model does not appear as deep as other models," it said. "We doubt that they can create and enjoy monopoly economics in content creation and internet distribution."

Netflix added 5.15 million customers from April through June, one million fewer than forecasts from Thomson Reuters I/B/E/S and down from 7.41 million in the first quarter.

"The company had lots of new content during the quarter; what it did not have was a major new breakout series."

Justin Patterson

"While subscriber weakness is obviously an issue, the company's inability to explain it satisfactorily could weigh on the stock over the coming quarter," Barclays analysts said.

Still, there was only one outright cut in a trading recommendation on the stock - by Deutsche Bank to hold from buy - and two others actually boosted their recommendations. At least three raised their price targets.

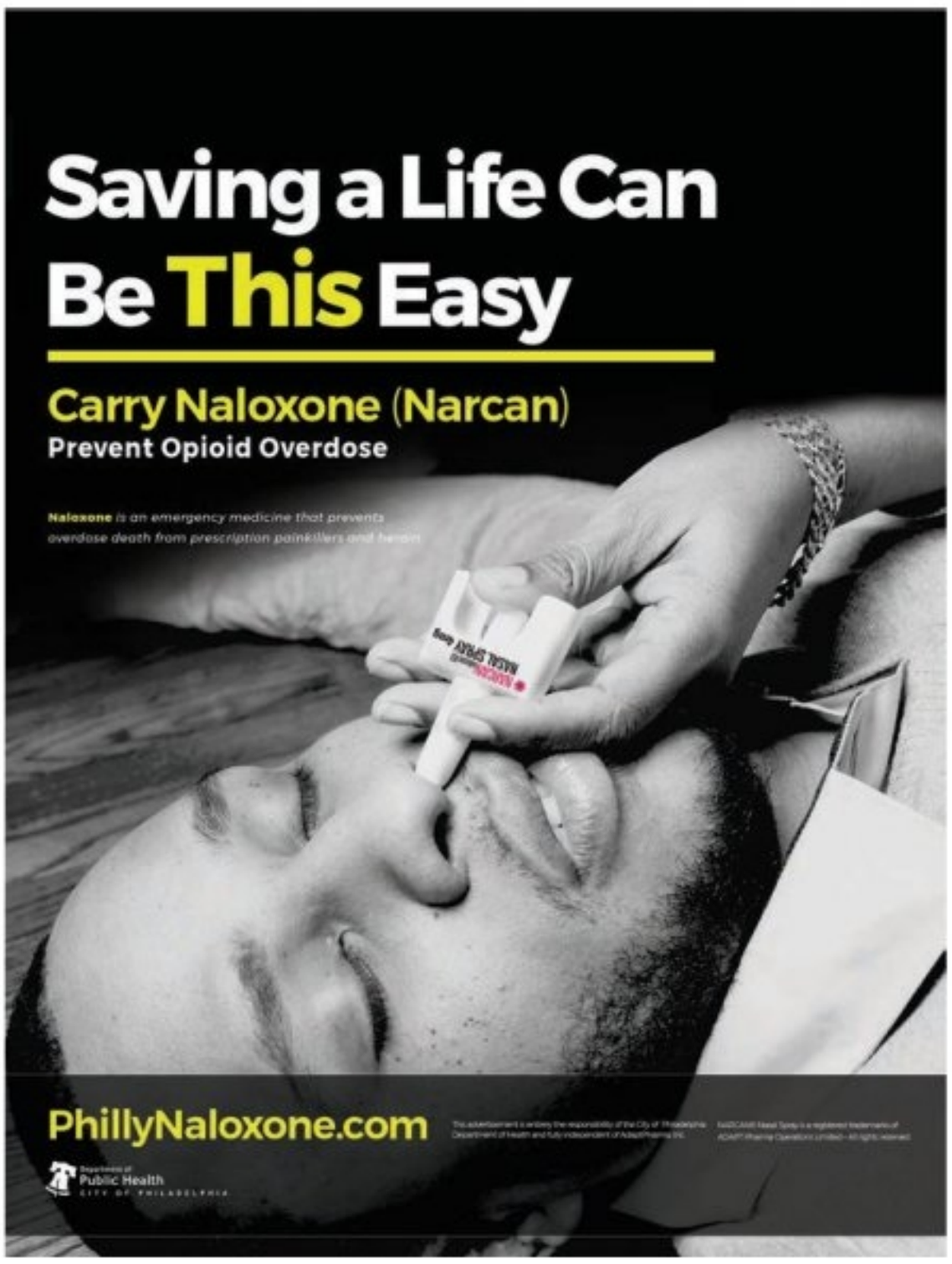
"Netflix has faced hurdles before and this Q2 report won't be the last," PiperJaffray analyst Michael Olson wrote.

"The long term potential is too great for us to suggest anything other than buying (the shares)," he added, listing a just 15 percent share of internet households outside China as a huge potential market.

Olson and several others pointed to the World Cup as a possible distraction in the quarter that might have encouraged subscribers to hold off or freeze subscriptions for a month.

The 2018 soccer tournament that is among the most-watched TV events started on June 14 and has just finished.

"Netflix is in a business that varies by quarter anyway and perhaps the company shouldn't have gotten too enamored with the crazy success of the last two quarters, which was invigorating but not sustainable," Forrester analyst James McQuivey said. REUTERS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Chronic stress and sleep deprivation are among the contributing factors to the incresae in depression, the study authors say. ISTOCK

Depression during pregnancy affecting millennial women most

The effects are worse than the previous generation.

SAM BRODSKY
Samantha.Brodsky@metro.us

Every pregnant woman hopes nine months will go swimmingly — with as little stress and complications as possible. However, around 14 to 23 percent of pregnant women experience depression during pregnancy, or prenatal depression, according to the American College of Obstetricians and Gynecologists (ACOG).

Symptoms are consistent with depression (guilt, loss of interest, recurring thoughts of death or suicide, anxiety, persistent sadness, etc.) and can occur due to hormone changes, complications in pregnancy, trauma or family history of depression.

Now, a new study published last week in the Journal of the American Medical Association (JAMA) suggests that millennial women may be experiencing this more than the previous generation.

17%

Of the near-2,400 first-generation mothers, 17 percent recorded high symptoms of prenatal depression.

Researchers surveyed two generations of British expecting mothers — all women were pregnant between the ages of 19 and 24. The first generation of pregnant women were expecting from 1990 to 1992; the second generation, which consisted of the first generation's daughters or the female partners of their sons, were pregnant from 2012 to 2016.

Of the near-2,400 first-generation mothers, 17 percent recorded high symptoms of prenatal depression. And, of the 180 women in the second generation, 25 percent experienced depression during pregnancy.

Researchers concluded that having "high depressive scores" was more common (51 percent) in the millennial mothers, though it's important to note that the second sample size is significantly smaller than the first. The authors wrote that, despite the small second generation sample size, they still found the results worthy of publishing to call for increased resources and mental health screenings for pregnant women.

"Given the current interest in increasing rates of depression in young women and the importance of prenatal depression, we feel these results are important," they continued. "Nonetheless, further replication of these findings would be valuable."

But what could be causing this prenatal depression in millennials?

"Chronic stress, sleep deprivation, eating habits, sedentary lifestyle and the fast pace of modern life may be contributing to an increasing prevalence of depression among young people generally," the authors of this study wrote. "The impact of such changes may be amplified when a woman becomes pregnant. This generation of young women has also experienced rapid change in technology, internet and social media use, which has been associated with increased feelings of depression and social isolation and changes to social relationships."

They added that there's been a substantial increase of working mothers compared to the 1990s. "Inflexible work arrangements and work pressure are associated with greater depressive symptoms in mothers. Difficulties balancing work and home may be increasing."

They also named financial pressures as another factor that could cause more depression during pregnancy for millennial women.

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Why do young waiters and waitresses call everyone "you guys"? It is impersonal and inappropriate for two or more women, a male and female couple, and even a group of men that includes one or more women, to be greeted as "you guys." "You guys" is a familiar term, and should be spoken only to males of the speaker's age or social circle. It is discourteous and offensive that seniors are addressed this way. Most of the waitstaff that use the term aren't even aware that it is an inappropriate remark. Waitstaff must be made aware of whom they are waiting on and greet them accordingly. It is sad that management does not train young waiters and waitresses about how to greet customers with dignity and respect. Thank you!!
Jo Ann Adams, *Metro US reader*

ISTOCK

STRAWS?
Listen, I'm all for the creature comforts, but grow up. If you're an adult, I think you managed to learn how to drink out of a glass. Giving up one straw is not gonna kill you. If I can give up plastic bags, you can give up a straw.
Robert Joubert, *Metro US reader*

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Ayana Jackson, *Metro Philly reader*

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The winning caption from James Barrett, *Metro Boston reader*

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Aries Plans can be made, but iron out any potential problems before you share them with someone who may not be in favor of them. Being fully prepared will lead to success.

Taurus Change can be good, but before you take a leap of faith, look at every angle and make adjustments to ensure you don't hit a roadblock that could be expensive.

Gemini Talk the talk and walk the walk. If you live up to the promises you make, the results will be beneficial. Don't let guilt tactics wear you down.

Cancer Personal improvements will set you on a new and exciting course. Offset anger or aggressive behavior by doing what's right and best for you.

Leo Stick to the people you know well and who have your best interests at heart. Walk away from anyone trying to entice you to indulge or spend foolishly.

Virgo Put more time and effort into where and how you live. Alter what isn't working for you and do your best to improve your prospects. Hone your skills.

Libra Head in whatever direction promises to bring you the most joy. You'll reach your expectations if you make wise choices and are willing to work hard.

Scorpio Success is the best revenge, so focus on what you can achieve instead of trying to block someone else from getting ahead.

Sagittarius Put your energy and enthusiasm into bringing in more cash. You can make gains through personal investments that help you use your skills to the fullest.

Capricorn Keep your distance from anyone using emotional tactics to entice you to do something. Align yourself with people who share your opinions.

Aquarius Put more energy into taking care of personal investments, settlements or health issues. Taking care of business will give you peace of mind.

Pisces A partnership will run amok if you or the other person uses force. Consider the motives, and ward off a problem before it begins. EUGENIA LAST

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Jennifer Carroll spices things up

The "Top Chef" alum and her fiancé, Billy Riddle, open Spice Finch in Rittenhouse.

A.D. AMOROSI
letters@metro.us

Feast away at Spice Finch. ERIC ASHLEIGH

Anyone who has met Philadelphia chef Jennifer Carroll and eaten the fruits of her culinary training knows that her dream gig was to have her own spot.

Sure, we found her first at famed chef Eric Ripert's 10 Arts at the Ritz-Carlton between 2008 and 2011, where she dazzled diners with twists on French traditionalism. Of course, she made a star of herself competing on the Bravo network's "Top Chef Season Six: Las Vegas" and its "Season Eight: All Stars" revue. Carroll could have basked in that glow alone and been successful. But opening Spice Finch, a Mediterranean/Middle Eastern bistro in the Rittenhouse area's Warwick Hotel), with her fellow chef and fiancé, Billy Riddle, was truly the goal all along.

"I've always wanted a restaurant in Rittenhouse, and never thought I'd be able to get a space here," says Carroll, who — at various post-10 Arts stages of her professional life — sought to make her solo debut with spots in Manhattan, Washington and Philly.

"I grew up loving this neighborhood, the park and its surrounding energy. With the prospect of working with my current team, and collaborating with Billy, I was so excited to bring Spice Finch here. Its Mediterranean

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vibe and style of food was missing from this part of town, so we wanted to fill the gap."

It should be noted that while Riddle spent time with Middle Eastern influences at Kapnos Taverna, Carroll was focusing her skills and tastes with more French-leaning fare, from her time at the legendary Le Bernardin, forward. Was it Riddle who pushed for the changes Carroll would make, or just the rut of routine?

"Both," Carroll says. "Having cooked French Mediterranean for so long, I was getting bored using certain flavors and spices. Billy would come home and talk about all these Mediterranean and Middle Eastern flavors he was cooking with, so I started to look back at my time with Marcus [Samuelsson, with whom she worked at Red Rooster] and began adding ingredients like allspice and berbere to my everyday cooking.

"The additions livened up our palates and changed the way we were eating at home as we continued to cross-pollinate our flavors, now on the menu at Spice Finch."

Billy Riddle and Jennifer Carroll
THOMAS VANVEEN

Carroll and Riddle split their time between homes in the Northern Liberties area and Washington, D.C. They know the ins-and-outs of a business that they've each worked in for more than a decade. They're making their solo debut and walking into a culinary scene with far more competition than when they started. What is it like competing on with new chefs and other vets?

"There is always competition, and there are always amazing chefs," says Carroll. "Yes, there are more restaurants now, and think it's amazing to have all of these seasoned and upcoming chefs around us because it pushes us all to become better. But Spice Finch is different. We are using these flavors in a nontraditional way."

Spice Finch's look is brighter than the space's former resident (Tavern 17) and pulls in a lot of natural light.

"With that, we blew out the wall on the corner to bring in even more light and keep it airy," says Carroll. "The space is really made to be customized to whatever guests are looking for — casual night, event, private party, etc."

Sound and vision aside, from its veggie-heavy starters (charred carrot hummus; stuffed grape leaves; egg and potato manchego, harissa aioli) to its bold, but nuanced main dishes (date braised lamb shank, chili-chicken kebab), Carroll says that its menu reflects how she and Billy eat at home — more nutritious for an overall healthier lifestyle.

And the name? "Spice Finch is named after the bird that eats all the spices that flavor our restaurant in a simple and fun way," says Carroll, who recommends "you get the whole menu" to start. "From the garlic yogurt, merguez kebab, lamb ribs, to the roasted cauliflower."

Spice Finch is at 220 S. 17th St., spicefinchphilly.com

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HOME

8 Ways to upgrade your summer staycation

Who says you can't have fun at home?

KATELYN CHEF
letters@metro.us

Why fuss with an overflow of highway traffic or be bothered navigating congested airports this summer? The secret to having a blissful and relaxing summer vacation isn't found in any of those places—it's right in your own backyard. Skip the travel hassle and look to your own home for some serious summertime fun.

Staycations are ideal for families who want to enjoy the season while staying within a friendly budget. Read on to find ways to bring summer vacation to your own doorstep.

Pool friends: Big Mouth Ginormous Unicorn Yard Sprinkler
No pool? No problem. Kids (and adults) will get a splash out of the biggest unicorn inflatable yet—a giant unicorn yard sprinkler! With continuous water sprouting from the unicorn's magical horn, the six-foot-tall enchanted blowup will make them forget they're at home having all this fun.
BigMouth Inc. Unicorn Yard Sprinkler, Dillard's, $60

Have some summer fun right at home. ALL PHOTOS PROVIDED

Lounge Goals: Maya Teak Chaise Daybed Westminster Teak
Relax. You're at home. So why not make your patio feel as if you're resting at a five star Hampton resort? Easily, your stay-cation dreams can be turned into a peaceful reality styling a minimalist teak daybed with creamy-white (made with quick-dry foam) cotton cushions. Bring on the rosé.
May teak chaise daybed, Westminster Teak, $1,882

Stay awhile: We Out Here Beach Set
A picnic in the park is nice, but a backyard BBQ sounds better. Allow the kids to spread out and break out the bubbles on an XL beach sheet that's perfect for summertime playing.
We Out Here Beach Sheet-Forever, Bando, $40

Tutti Frutti: Serving Tray Society6
Surely there will be plenty of lemonade and freshly squeezed orange juice at your summer vacation home hideaway. No matter if you decide to keep the pulp in (or out) of your blended beverages you're going to want to serve your companions on a festive summertime platter. We love the vibrant orange slice print of this bamboo table platter. Freshly squeezed, please!
Orange Harvest-White by Leanne Simpson Serving Tray, Society6, $37

Make Memories: Underwater Camera
If your backyard does have a pool, you're in luck! Record your favorite moments of your holiday at home with a waterproof/underwater camera. The perk (aside from a waterproof camera) is that this one resembles a watermelon.
SunnyLife underwater camera, watermelon, Band.ō, $20

Patio Lights: Cactus Marquee Light SunnyLife
Party all day and the all-night illumined by a cute cactus light. Made from paper and cardboard with LED lights this fun addition will be the bright spot to all of the at-home entertaining. The marquee light also comes in a pineapple, donut and watermelon shape.
Cactus Marquee Light, SUNNYLIFE, $20

Mermaid Vibes: Pool Towel Society6
Too many towels when water splashing in the backyard (hello, water balloon fights) is never a bad thing. A towel that looks like mermaid scales in iridescent blues and purples pretty much screams summertime to us!
Summer Mermaid II by Monika Strigel, Hand & Bath Towel, Society6, $13

Luxe Life: Luxe Lie-On Cherry Float
Whether you have an in-ground pool or an inflatable pool, you'll need a pool float. It isn't summertime without an outrageous pool float to photograph for social media. After the kids have had their fun, snag the float and enjoy your time at home.
SunnyLife Luxe-Lie-on Cherry Float, Bando, $60

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Darren Sproles and Corey Clement return along with Jay Ajayi. ALL PHOTOS GETTY IMAGES

Eagles camp preview: Running back

Will Jay Ajayi get the brunt of the carries in 2018?

JOVAN ALFORD
jovan.alford@metro.us

In part 1 of our series, we looked at the Eagles quarterback room, which is in good hands for the foreseeable future. Now, we will preview the running back position, which has some questions to answer this season.

Jay Ajayi

Last season, Ajayi was acquired at the trade deadline in exchange for a fourth-round pick in the 2018 NFL Draft. It was a low-risk, high reward move by Eagles executive vice president Howie Roseman.

Before the acquisition of Ajayi, the Eagles' backfield consisted of LeGarrette Blount, Corey Clement, and Wendell Smallwood. While on paper that was a solid running back rotation, none of those guys screamed feature back.

In three seasons with the Miami Dolphins, Ajayi showed that he could carry a heavy workload as their feature back.

However, with the Eagles, Ajayi did not have to play that role since their running back by committee was clicking on all cylinders.

In seven regular-season games with Philadelphia, he had 408 rushing yards on 70 carries and a touchdown.

Fast forward to training camp and Ajayi is looking to establish himself as the lead guy in a contract year. If Ajayi can stay healthy and become a 1,000-yard back like he was in 2016, then both parties will be in good shape.

Darren Sproles

The 35-year-old running back announced on his blog late last week that he will be retiring after the 2018 season. His plan was to hang up his cleats last season, but he did not want to go out on injuries.

Even though he is older, Sproles is still a matchup problem for opposing defenses and always has the ability to take a punt return back for a touchdown.

Corey Clement

Last season, Clement was the Eagles' change of pace back and did a tremendous job.

He racked up 321 rushing yards, 123 receiving yards, and six total touchdowns. Not to mention, he also had 100 receiving yards and a touchdown in Super Bowl 52.

With no more Blount, who signed with the Detroit Lions in free agency, Clement can easily slide in as the backup to Ajayi.

Other running backs to keep an eye on this summer are: Donnel Pumphrey, Matt Jones, Wendell Smallwood, and Josh Adams (UDFA).

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Pam Jardia Dadson 1166, Kareem Martin 2185, Asia Matthews 2189
Newter Weyeah 2201, Charlotte Hargrove 3018, Melvin Smith 3109
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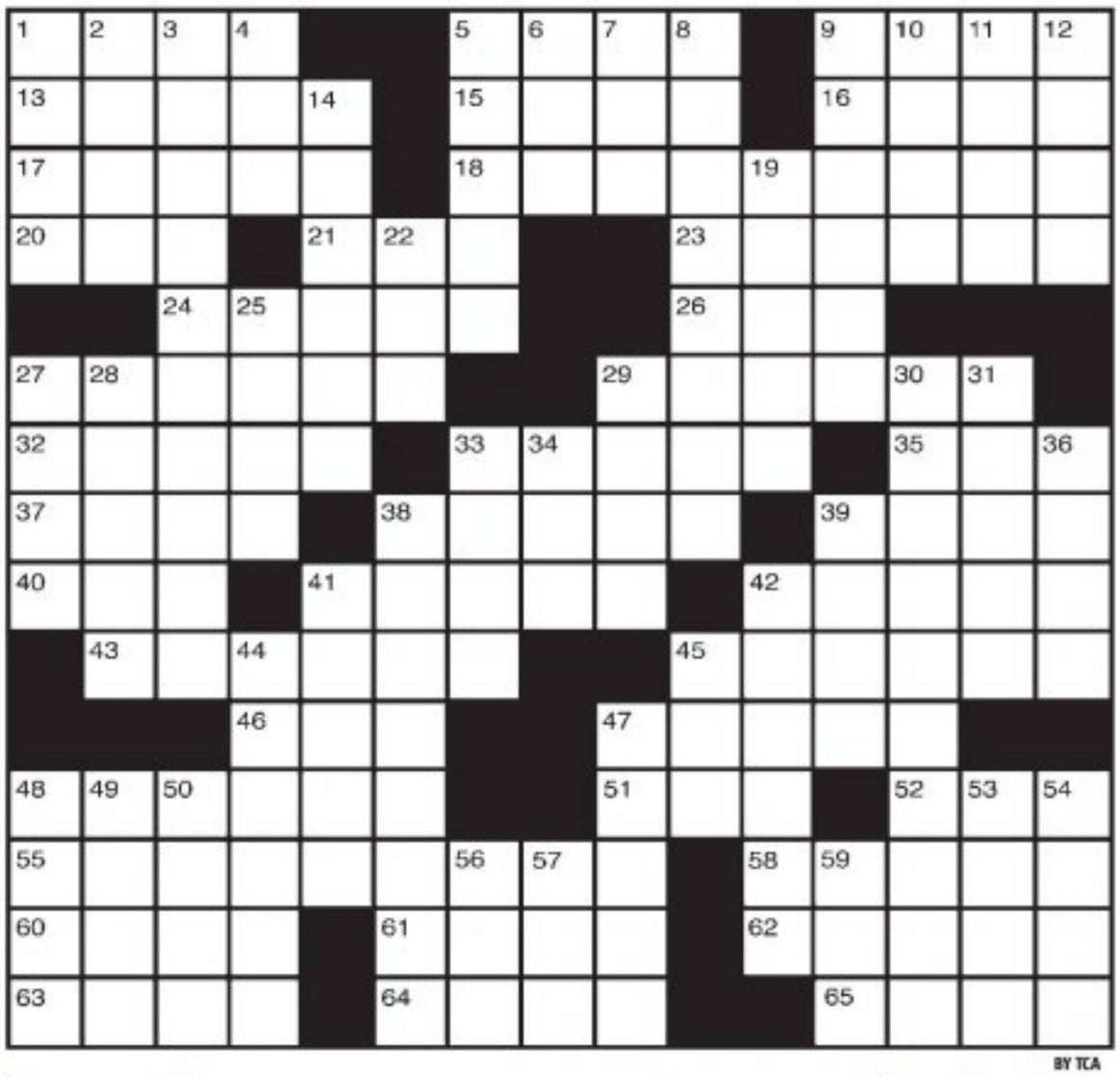
1 Actor Johnny
5 In addition
9 Loafer or Oxford
13 Worked as a crewman
15 Shallow's opposite
16 Wee
17 Gem
18 Something spoken
20 Mountain road
21 Coolidge, to friends
23 __ on; told the misdeeds of
24 Vote into office
26 Part of a royal flush
27 Take back one's words
29 Bad smell
32 Burst forth
33 More devious
35 Feminine pronoun
37 Martial __; judo, karate, etc.
38 Use one's money
39 Comic Carvey
40 Baseball's Durocher
41 Pile up
42 Take a __ to; like
43 Fire-breather
45 Playground equipment
46 Brooks or Ott
47 Not tight enough
48 Be present at
51 "Cat __ Hot Tin Roof"
52 Dieter's concern: abbr.
55 Abundant; plentiful
58 Courtroom event
60 Actor Jack __
61 Trick
62 Napped leather
63 Forest animals
64 Celebrity
65 Expanded

DOWN

1 Prescription label info
2 Sups
3 District attorney
4 Pigsty
5 Grown-up
6 Allow
7 "Ready, __, go!"
8 Performed surgery
9 NYC's __ Island
10 Suggestion
11 "__ upon a time..."
12 Watched
14 Modestly clothed
19 Earnhardt or Petty
22 Read the riot __ to; berate
25 Circuits around the track
27 Genuine
28 Blundered
29 Cursing & coveting
30 Dining room light, often
31 Thus
33 Bridge
34 "__ Miserables"
36 Charles & Romano
38 Burns without flame
39 Speaker's platform
41 Representative
42 Parade entries
44 Reforms oneself
45 Family member
47 Ne'er-do-well
48 Up to the task
49 Wrench or pliers
50 Ankara native
53 Ordered
54 Murdered
56 Pitcher's delight
57 3rd most-populous nation: abbr.
59 Toupee; wig



BY TCA

metro.us/wordsearch

D	R	A	W	A	P	N	U	I	S
R	E	L	W	O	B	R	T	E	T
I	D	Y	R	A	C	I	N	G	F
V	R	P	J	O	C	K	E	Y	I
E	E	S	P	O	R	T	S	Y	S
R	T	E	T	E	N	N	I	S	H
O	H	K	L	N	L	N	P	O	I
G	G	O	L	F	E	R	Y	F	N
H	I	W	Z	W	W	X	B	H	G
B	F	O	O	T	B	A	L	L	S

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Category: In The Kitchen

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K	E	M	O
A	X	I	F
N	G	E	L

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		9		6		7	2	
						8	6	
		6		7	3		4	5
7		8	3		2	5		
3		5				6		2
		2	6		8	3		7
6	5		7	2		4		
	4	7						
	2	3		8		1		

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A	M	I			S	E	A	L	S		M	O	S	T
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T	R	E	E		O	U	T	O	N		T	H	A	I
	E	X	C	L	U	D	I	N	G		H	U	N	S
			R	O	T	E			U	F	O			
C	A	R	E	S	S		S	A	L	A	D	B	A	R
E	L	A	T	E		B	E	G	A	N		O	W	E
A	I	R	S		C	O	W	E	R		C	R	A	B
S	E	E		C	U	R	E	D		H	A	I	K	U
E	N	R	O	L	L	E	D		S	U	N	S	E	T
			P	U	P			G	E	T	A			
R	O	S	E		A	G	G	R	E	S	S	O	R	
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V	I	L	E		L	E	A	V	E		A	S	A	P
P	O	O	R		E	N	D	E	D			T	R	Y

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